



## 2016 TROOP 410 WHITEWATER RAFTING TRIP



It's that time again! On Friday 5/13, Troop 410 will depart on a whitewater rafting trip to the Lehigh River in the Poconos. Our destination, Whitewater Challengers (WWC) has a full service campground, geared toward groups. All food for this trip is included and we eat in an outdoor cafeteria serving home cooked food. Upon arrival Friday night, we'll setup our tents at a wooded campsite.

On Saturday, after breakfast, we'll board a bus to the river. Rafting will take approximately 4 to 5 hours depending on conditions and will involve Class 2 and 3 whitewater conditions. **This will be a dam release trip which means we are pretty much guaranteed to have great rafting conditions.** WWC provides rafts, life preservers and lunch along the river. All we need to bring is warm, water resistant clothing. The weather may still be cool in mid-May, so wet suits are recommended for rental. After rafting, we'll return from the river and enjoy a BBQ dinner. The campground offers hot showers, snack bar, and a souvenir shop, along with activities such as sand volleyball, basketball and field sports.



Trip Dates	Friday 5/13/2016 to Sunday 5/15/2016 (rafting at 9:10am Sat 5/14)
Departure time/location	Friday 5/13, 6 PM, St Paul's Methodist Church
Destination	Whitewater Challengers, White Haven, PA ( <a href="http://whitewaterchallengers.com/lehigh">whitewaterchallengers.com/lehigh</a> )
Costs	\$100 per scout \$80 per adult plus \$20 each for wetsuit rental (recommended)
Meals included	Breakfast, lunch and dinner on Saturday. Breakfast on Sunday.
Supplies to bring	Tent, sleeping bag, warm/water resistant clothing, old sneakers, eyeglass straps, sunscreen, cash for souvenirs and wetsuits

**Permission slip and payment due in full by Wednesday 5/4.**

### Permission Slip

**Parents:** This trip involves an approximate 4-hour drive, and we always need drivers, so please join us for the fun, and volunteer to drive for this great annual Troop 410 event!

Scout Name	Parent participation (enter Y or N)	Driver Name	How many can you transport?
	Driving [    ], Rafting [    ]		

I have read and filled out the attached Release of Liability form and give permission for my son \_\_\_\_\_ to attend the Rafting trip at Whitewater Challengers in White Haven, PA from 5/13/2016 to 5/15/2016.

Parent Signature:	
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## QUESTIONS AND ANSWERS

Q: Must a parent or legal guardian co-sign for each minor (under 18) child?

A: Yes.

Q: How dangerous is whitewater rafting?

A: Whitewater rapids are defined from Class I (very mild) to Class VI (extremely difficult). Selecting the appropriate level of whitewater, relying on professionally guided raft trip services, and following the rules and instructions offered by your outfitter all contribute to greater success in managing the risks associated with river rafting. Clearly there are risks associated with all active outdoor sports, including rafting. A recent national study of customary (indoor and outdoor) activities, completed by the Business Research Division of the University of Colorado, found that statistically, commercially guided whitewater rafting is 70 times safer than automobile travel.

Q: How long has Whitewater Challengers offered these activities and what has been their safety record?

A: Whitewater Challengers first introduced whitewater rafting trips on the Lehigh River in 1975, and has provided guided tour services continuously for more than 4 decades, serving nearly 2 million guests on more than 16 million miles of guided trips on five whitewater rivers in Pennsylvania and New York, compiling a safety record that is the envy of the industry. Whitewater Challengers meets or exceeds the rigorous safety and training requirements established by state regulations for commercial rafting trips.

Q: What kinds of injuries are most often associated with rafting trips?

A: Bumps and bruises are the most common injury, and these can usually be avoided by adhering to the safety instructions offered prior to your trip. Most important among these instructions are:

Remain seated, with both legs inside the raft, even in calm sections of the river.

Do not dive into the river, either from the raft, or from shore.

If you must splash, use your hands; never the paddle.

These and other easy-to-follow guidelines can help enhance the safety and enjoyment of your trip.

Q: What other safety measure are taken on and off the river?

A: Raft trips are accompanied by qualified, professional guides who are trained in First Aid and river safety techniques. Instruction and supervision are provided before and during your trip. First aid supplies and safety equipment accompany every trip.

Q: Are more challenging trips available for more experienced rafters?

A: Yes. While the Lehigh is usually rated Class I, Class II or Class III whitewater, and is well suited to beginners and children as young as 5 years old at certain times of the year, guided rafting trips on the Hudson and Black Rivers in upstate New York offer more challenging rapids up to Class IV and Class V.